

## MARIE CURIE - CONVOCATORIA INDIVIDUAL FELLOWSHIPS 2016

### **Contact Person/Scientist in charge (datos del IP del grupo de investigación o responsable científico)**

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### **Department / Institute / Centre (datos del centro/departamento donde estaría ubicado el investigador a contratar)**

Name: Department of Health Psychology

Address: Campus de Elche. Edificio Altamira. Avda. de la Universidad s/n 03202 Elche

Province: Alicante

### **Brief description of the Centre/Research Group (including URL if applicable)**

The group AITANA arises in the year 2010 by the initiative of a group of researchers with a common interest: the study of psychological problems in children and adolescents and the improvement of their emotional welfare. The previous experience of the researchers at their centres of origin and their training at universities in the US has allowed the development of new projects in recent years. They have examined the symptoms of numerous disorders, developed assessment instruments and evaluated applied interventions.

AITANA researchers apply the findings of their studies by developing their work in three areas: Care setting at the Psychological Clinic of Miguel Hernández University; Training, by the organization of the Master Degree on Child Behavioral Therapy, which is on its seventh edition, and Scientific Diffusion, by the diffusion of the last advances in children and adolescents with the organization of the International Congress of Clinical and Health Psychology on Children and Adolescents and by the publication of the Journal of Child and Adolescent Clinical Psychology.

AITANA group members share a common way of understanding the psychological research; they feel a vocation for their work and have the desire to contribute strongly to the scientific knowledge. They also coincide in their passion for clinical and health psychology in child population.

More info: <http://aitanainvestigacion.umh.es>

### **Project description:**

Currently AITANA Research group are working on two major topics: a) program evaluation of innovative interventions for child anxiety and affective symptoms. The ongoing research projects pursue the adaptation of SuperSkills for Life, a clinical therapeutic protocol for children between 6-12 years. b) program evaluation of preventive interventions to promote sexual health among adolescents. Researchers of AITANA are the authors of COMPAS, an evidence-based protocol to promote condom use which have shown to be effective at the two years follow-up assessments. c) program evaluation of substance abuse prevention programs among scholars. SALUDA is a preventive program to reduce alcohol use which has been broadly applied among scholars in Spain.

The candidate would join the team to work on the adaptation and evaluation of programs aim to prevent/treat anxiety/depressive symptoms among children and/or risk behaviors among adolescents.

### **Research Area:**

Social Sciences and Humanities (SOC) Life Sciences (LIF)

### **Applications: documents to be submitted and deadlines (documentación que los investigadores deberán enviar al centro para establecer el contacto: CV, cartas de referencia...)**

Letter explaining the research interest

Vitae

Two reference letters